

Corey Ryon

BIB	AGE	STATE/COUNTRY	PROFESSION
360	36	Cortland NY USA	

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
27:28	2:55:03	1:58:04	5:30:05	544	94

LEG	DISTANCE	PACE	RANK	DIV.POS.
TOTAL SWIM	1.2 mi. (27:28)	1:26/100m	25	3
TOTAL BIKE	56 mi. (2:55:03)	19.19 mph		
TOTAL RUN	13.1 mi. (1:58:04)	9:00/mile	544	94

TRANSITION	TIME
T1: SWIM-TO-BIKE	4:45
T2: BIKE-TO-RUN	4:45